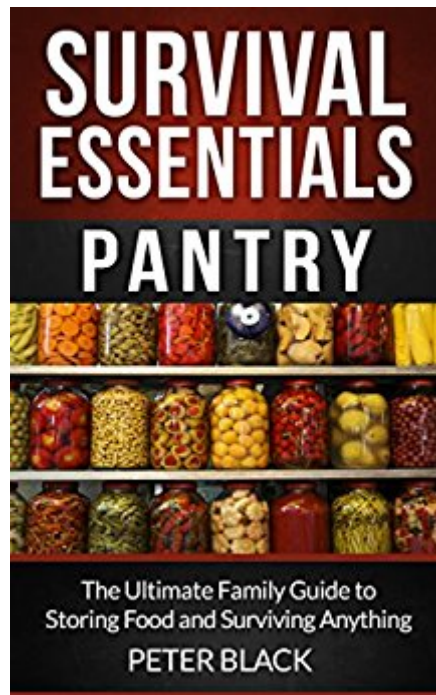


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# Survival Essentials: Pantry: The Ultimate Family Guide To Storing Food And Surviving Anything



## Synopsis

The #1 Kindle Bestseller! Be smart, be prepared, and keep your family safe! This book will tell you everything you need to know about surviving anything by creating a survival pantry. Inside, you will learn:- Basics about what a survival pantry is and why you might need one- How to make a survival plan- Tips for stocking and organizing your pantry- How to maintain your pantry and keep food fresh- Delicious recipes using only ingredients from your pantry Reading this book will give you a step-by-step guide for creating the ultimate in safety and security for your family. No-one will ever be able to accuse you of not putting your family's safety first. "I would highly recommend this book to get started on your overall survival plan." - 5\* review. The only thing you can be certain about in life is the fact that life is uncertain - "you never know when a disaster might strike. To make matters worse, disasters and emergencies may take a variety of forms. Your city might be struck by a hurricane, or the breadwinner in your family could lose his job. No matter the circumstance, in times like this you will be glad that you have an emergency pantry stocked with survival foods. There may come a time when you no longer have access to a grocery store - "you may even be without power and unable to use the foods in your refrigerator or freezer. You care about your family more than anything. While it is not certain that you will ever need an emergency pantry, it is better to have one and not need it than to not have one when you do need it. Stocking a survival pantry is easy to do, but could be one of the most important decisions you ever make. So what are you waiting for? Scroll up and grab your copy now!

## Book Information

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## Customer Reviews

Survival Essentials: Pantry: covers the areas concerning food when an unexpected incident happens and you can not get additional supplies for up to 6 months, which is the recommended minimum. A simple plan is laid-out so you can start your survival pantry small and build it up over time. When you have determined the location for your survival pantry and developed your stocking plan there is a comprehensive list of items you should purchase to fill out your inventory. This list includes dry goods and staples, canned and bottled goods, condiments, spices and seasonings. This is a fairly comprehensive list and all these items will be needed if you have to go for months without replenishing your supplies. It could get very boring eating the same three or four things and this book prevents that from happening. A set of food storage tips is helpful in setting up a system to rotate your stock overtime so you have as fresh a supply of food as possible. Food preparations are described with a section on canning which will be helpful in adding variety and nutrition to your meals. There are 13 recipes that are included and they use the pantry food in making the meals. I have not tried any meals yet. As I build my survival pantry I will be trying the Chicken Salad with Grapes and Creamy Tomato Soup first. I would highly recommend this book to get started on your overall survival plan.

Wow, what a great book on survival essentials! This book was very insightful and informative. I now understand more on how to plan, maintain, and organize a pantry in case of a disaster. This book allowed me to be better prepared in an emergency. The book helped me store, plan, and store a successful pantry. This book does a great job at including fantastic recipes and advice. I proudly recommend this book to whoever is interested in storing an emergency pantry in case of a disaster

Well, my family thinks I'm nuts, but I don't think it's ever too early to be prepared for an emergency. And emergencies come in all shapes and sizes! This wonderful book helps you plan your emergency pantry, determine the type of storage you will need, and maintain your survival pantry. The book even comes with tasty recipes that you can use with food from your emergency pantry. A good overview and starting place for anyone who wants to get and stay prepared!

After reading this book and with the storms we are having, I can see where a survival pantry would be very helpful. Got a lot of good ideas from this book. Thanks for the suggestions. Will recommend.

I've been looking for a great survival resource, so I'm glad I found this book. "Survival Essentials Pantry", has tons of tips, ideas, and strategies, to help you and your family survive a catastrophe. I really like the section on Food Storage Tips- Thanks!

This gives some good information if you are just starting out on your storage. It also includes some recipes that you can use your storage with. It is very basic, so don't expect it to go into great detail, but still it's a good start.

.Great! This is definitely a nice grab for survival essentials! complete with all the tips to get you up and running. It provides one with guide/steps on preparation from small to big stocks of food, stocking and storage procedure, replenishing, rotating of stocks, safety, food preparations and even canning... including delicious recipes, and more! I would greatly recommend this book to everyone who wants the safety of their loved ones when emergency or any disaster comes

The information was useful and packed with common sense. This book was very short. I read the whole book in less than a half hour. I didn't feel it was worth \$2.99. But I suppose if it helped my family in a time of need, it was worth that and more.

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